



**CAFFEINE, THEOPHYLLINE AND THEOBROMINE IN BLOOD,
PLASMA/SERUM, AND URINE USING: 200 mg CLEAN SCREEN®
EXTRACTION COLUMN**

Part #: ZSDAU020
LC-PDA

1. PREPARE SAMPLE:

To 1 mL of 100 mM acetic acid add internal standard.*
Add 1 mL Blood, Serum/ Plasma, or Urine. Add 2 mL of 100 mM acetic acid.
Vortex and centrifuge as appropriate.

2. CONDITION CLEAN SCREEN® COLUMN:

1 x 3 mL CH₃OH
1 x 3 mL D.I. H₂O
1 x 1 mL 100 mM acetic acid.

Note: aspirate at < 3 inches Hg to prevent sorbent drying out

3. APPLY SAMPLE:

Load sample at 1-2 mL / minute.

4. WASH COLUMN:

1 x 3 mL D.I. H₂O
1 x 3 mL 100 mM acetic acid.
Dry column (5 minutes at > 10 inches Hg).

5. ELUTE CAFFEINE/THEOBROMINE/THEOPHYLLINE:

1 x 3 mL Ethyl Acetate : Methanol (90:10)
Collect eluate at 1-2 mL / minute.

6. EVAPORATION:

Combine eluates
Evaporate eluates under a gentle stream of nitrogen < 40 °C.

7. RECONSTITUTE: sample in 1000 µL of 0.1 % Formic Acid (aq).

Inject 20 µL.

INSTRUMENT CONDITIONS:

Column: 150 x 2.1 mm (3 µm) Gold C₁₈ (ThermoFisher)

Mobile phase: Acetonitrile: 0.1% Formic Acid aqueous (10:90).

Flowrate: 0.1 mL/ minute

Column Temperature: ambient

Detector: Diode Array (200-350 nm)

CHROMATOGRAM OF SHOWING:

Compound

Theobromine: 7.5 minutes

Theophylline: 9.5 minutes

Caffeine: 14.5 minutes

*8-Chlorotheophylline: 18.0 minutes

